



DECEMBER 2023 Elementary Lunch

Menu is subject to change.



Monday	Tuesday	Wednesday	Thursday	Friday
				
1			NYS Potatoes NYS Winter squash Apples	NO SCHOOL PARENT/TEACHER CONFERENCES
4 <u>National Cookie Day</u>	5	6	7	8
Hot Dog On a Bun ----- Green Beans – 3/4c Fresh Fruit -1 piece Milk-8oz	8” Taco w/Meat, Cheese, Lettuce and Salsa ----- Corn 3/4c Fruit 1/2c Milk -8oz	Diced Chicken Over Seasoned Rice ----- Steamed Broccoli 3/4c NYS Apple-1Piece Milk -8oz	Cheese Pizza ----- NYS Winter Squash 3/4c Fruit 1/2c Milk-8oz	Macaroni and Cheese ----- Baked Beans 3/4c Fresh Fruit 1 piece Milk-8oz
11	12	13	14	15
Hamburger or Cheeseburger on a Bun ----- Maple Glazed Carrots 3/4c Fruit 1/2c Milk-8oz	Taco in a Bag w/Nacho Doritos, Meat, Cheese and Salsa ----- Black Bean Salad 3/4c NYS Apple -1 Piece Milk-8oz	Chicken Nuggets w/Dipping Sauce ----- Peas 3/4c Fruit 1/2c Milk-8oz	Cheese and Pepperoni Pizza ----- Mixed Vegetables 3/4c Fresh Fruit-1 Piece Milk -8oz	Mozzarella Sticks w/Marinara Sauce ----- Steamed Broccoli 3/4c Fruit 1/2c Milk-8oz
18	19	20	21	22
Chicken Patty On a Bun ----- Baked Beans 3/4c Fruit 1/2c Milk-8oz	8” Taco w/Meat, Cheese, Lettuce and Salsa ----- Carrots 3/4c Fruit 1/2c Milk-8oz	Meatball Submarine w/Mozzarella Cheese ----- Broccoli 3/4c Fresh Fruit 1 piece Milk-8oz	Cheese Pizza ----- NYS Roasted Potatoes 3/4c NYS Apple -1 piece Milk-8oz	Grilled Cheese Sandwich ----- Mixed Vegetables 3/4c Fruit 1/2c Milk-8oz
25	26	27	28	29
				

NYS LOCAL FOODS
***Upstate Farms Dairy**
 -milk, yogurt, sour cream
***LynOaken Farms Apples**
***Local Farm Vegetables and Fruit**
used in Meal Program
highlighted in green

If your son/daughter has a particular food allergy, please contact the school nurse and the food service office via email at vera.spurrier@gmail.com

In addition to the Entrée of the Day, we also serve the following Items Daily:

Monday's:
 Ham or Turkey Sandwiches (2M2G)

Tuesday and Thursday's:
 Julienne Salad w/Flatbread (2M2G)

Wednesday and Friday's:
 Fruit & Yogurt Parfait w/Flatbread (2M2G)

PBJ Sandwiches (2M2G)

Offered daily with all School Lunches:
Fresh or Prepared Fruit
 (Must take ½ cup of Fruit or Vegetable – may take up to 1 cup)

NY State Non or Low Fat White

This institution is an equal opportunity provider and employer.



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